**Magick 101 – The Basics**

*Western Esoteric Tradition* – Wicca, Most western Witchcraft, Ceremonial Magick, Druidry, Asatru, Folkloric.

1. **Magick**: What it is and is Not

It’s all about energy!

Energy use – benevolent & harmful. Permission/ consent. Ethics. Law of 3

1. Will into manifestation – create change outside – active
2. Align oneself w/ universe, beings, self – create change inside – passive

Grounding and centering

Protection: self, space, others; casting Circle, other ways of creating safe space, pushing out, talismans, cleansing.

Basic ritual etiquette

1. **Helpers**:

Deities & other entities (theistic)

Spirits – places, “people”, Fae, ancestors, familiars

Elements / Elementals

Invoke, Evoke / Channel

Non-theistic – power of universe, self

Tools: Wicca, Brit-Trad Witchcraft, Folkloric, Asatru (hallow / sain / align

1. **Sympathy** & **Contagion**

Fraser, Bonewitz

Sympathy – Like attracts Like (or repels)

Contagion – Touch

1. **Summon**, **Contain** & **Release** energy

Direct – laying on of hands

Remote – sending energy, example Reiki

Cone of Power

1. **Passive** & **Active** Magick

Passive – Creates change within the self, attunement (ecstatic)

Divination, Meditation, evoking deities, journeying / astral travel

Active – Creates change externally, includes spellwork (fertility ‘cult’)

Spells for healing, wealth, love, change in environment – consent

1. **Other stuff**

Holidays / Sabbats & Esbats

Herbalism

Crystals

Deities & Pantheons

Symbols & Sigils